

Introduction:

This activity uses the Kahoot! Learning platform to teach participants about the five Intercultural Development Continuum stages. Participants are presented with questions and statements that reflect each stage and they must choose the stage within which the question or statement falls. This quiz is used to make this activity more entertaining and exciting.

Facilitator Notes:

A demo of the game can be found here: <https://youtu.be/UPgKrPOTp1o>. Many of the Kahoot questions and statements provided in the Activity Instructions reflect relevant study abroad topics. You can adjust the Kahoot to be more general or specific to participants' contexts.

Objectives:

As a result of this activity, participants will be able to:

1. Identify the Intercultural Development Continuum stages.
2. Analyze the benefits/risks of each stage.

Time:

20 minutes.

Group Size:

Entire Group.

Materials:

Copies of the Stages of Intercultural Development Worksheet for each participant (in [Downloads](#)); Computer with access to the internet; Projector; Each participant needs a device to participate in the game (smartphone, tablet, computer, etc.).

Intercultural Development Continuum Stages:

- Denial
- Polarization
- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:

Curiosity

- To ask complex questions about other cultures.
- To seek out and articulate answers to these questions that reflect multiple cultural perspectives.

Other Skills:

Friendship.

Activity Instructions:

1. This game is named after the Kahoot! Learning platform. With a free sign-up, you can create a multiple-choice quiz.
2. Using the following questions, create a quiz in Kahoot. Be sure to mix up the order of the questions so that the stages are not grouped together.
 - Denial
 - What stage might this person be in that says: "I've traveled a lot. I can deal with any culture without much thought."
 - What stage might this person be in that says: "Culture shock doesn't happen to me."
 - What stage might this person be in that says: "As long as we speak the same language, there's no issue."
 - Polarization
 - What stage might this person be in that says: "Traveling abroad made me realize all I appreciate at home."
 - What stage might this person be in that says: "These people are sexist/racist, etc."
 - What stage might this person be in that says: "Forget my home culture, from now on, I want to be like them."
 - Minimization
 - What stage might this person be in that says: "I've found things in common with local students here. When it comes down to it, our values are universal."
 - What stage might this person be in that says: I don't see color. Our basic needs are the same world-wide."
 - Acceptance
 - What stage might this person be in that says: "Knowing that people's values differ, and that my culture gives me privilege, it can be confusing how to behave around those different from me."
 - What stage might this person be in that says: "Being around sameness all the time would be stale, boring."
 - What stage might this person be in that says: "I know my host family and I have had very different life experiences, but we are learning how to live together."
 - Adaption
 - What stage might this person be in that says: "Whatever the situation, I can usually see it from various cultural points of view and respond effectively."
 - What stage might this person be in that says: "I greet people from my culture and people from other cultures in different ways, taking those differences into account to show respect."
3. Begin facilitation by passing out copies of the Stages of Intercultural Development Worksheet and introducing (or reviewing with participants) The Intercultural Development Continuum.
4. Start the Kahoot game. During the activity, ask each question with the prepared Kahoot quiz. Participants should respond with one of the multiple-choice responses (the IDC stages) in the quiz.

Note: A demo of the game can be found here: <https://youtu.be/UPgKrP0Tp1o>



5. Before or after answering these questions, go over each IDC stage, its benefits, risk, and ways to move forward. See the Stages of Intercultural Development Worksheet for this information.
6. Debrief with the following questions:
 - How did you feel during this activity?
 - Which stage or question/statement do you resonate with most?
 - Did you disagree with or feel perplexed by any of the Kahoot answers? If so, why?
 - What if you applied the activity to varying perspectives on a current event or a situation at work or in your personal life?
 - What did you learn from this activity?
 - How will you apply what you learned to everyday situations?